



## Job Readiness Series: It Starts With You

### Highlights

#### Tip # 1

Set personal & career goals that are SMART (Specific, Measurable, Attainable, Realistic & Time Bound).

#### Tip # 2

Change negative predictions and focus on practicing positive self-talk.

#### Tip # 3

Understand your strengths, transferable skills and the value you add.

#### Tip # 4

Ask for feedback along the way and be open to learning and adapting.

#### Tip # 5

Surround yourself with the right people. Ensure your direct and indirect networks are likeminded, confident and supportive individuals.

#### Tip # 6

Find a mentor to guide you through the journey.

#### Tip # 7

Complete an online personality assessment test. Try out the Myers-Briggs Type Indicator or DISC test online for free.

#### Tip # 8

Put in the work! Planning, preparation and practice is key to building your knowledge and thus your confidence.